

Wallingford Community Senior Center Calendar of Activity – September 2008

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
1 HOLIDAY SENIORCENTER CLOSED	2 9:00 Writing Workshop 9:30 Intro To Basics 10:00 Bridge 10:30 Hair Cuts 11:30 Community Lunch 12:30 Mah Jongg 1:00 Basics & Beyond 1:00 Pinochle	3 9:00 Senior Rights 9:30 Intro To Basics 10:00 Social Hour 10:00 Senior Wellness 10:15 Fitness 12:00 Senior Lunch 1:00 Basics & Beyond 1:00 Bingo 1:00 Scrabble 2:00 Knitting Group 3:00 Farmer's Market 6:00 Art Walk	4 8:30 Duplicate Bridge 10:00 Mac Help 1:00 Choral Singing 6:00 P-Patch Work Parties	5 8:30 Foot Care 10:00 Social Hour 10:15 Fitness 12:00 Senior Lunch 1:00 Current Events	6 SENIOR CENTER CLOSED 7 SENIOR CENTER CLOSED
8 10:00 Exploring The Internet 10:00 Book Group 10:15 Fitness 12:30 Cribbage 1:30 Yoga	9 9:00 Writing Workshop 9:30 Intro To Basics 10:00 Bridge 11:30 Community Lunch 12:30 Mah Jongg 1:00 Write Personal History 1:00 Basics & Beyond 1:00 Pinochle 4:30 Spaghetti Dinner	10 9:30 Intro To Basics 10:00 Social Hour 10:15 Fitness 10:00 Financial 11:00 Hand Massage 12:00 Senior Lunch 1:00 Basics & Beyond 1:00 Scrabble 2:00 Knitting Group 3:00 Farmer's Market	11 8:30 Duplicate Bridge 10:00 Mac Help 1:00 Choral Singing	12 8:30 Foot Care 10:00 Social Hour 10:15 Fitness 12:00 Senior Lunch 12:30 55 Alive 1:00 Current Events	13 SENIOR CENTER CLOSED 14 SENIOR CENTER CLOSED
15 10:00 Exploring The Internet 10:15 Fitness 12:30 Cribbage 1:30 Yoga	16 8:30 Casino 9:00 Writing Workshop 10:00 Bridge 11:30 Community Lunch 12:30 Mah Jongg 1:00 Write Personal History 1:00 Pinochle	17 9:30 Chair Massage 10:00 Social Hour 10:00 Senior Wellness 10:15 Fitness 12:00 Senior Lunch 1:00 Scrabble 2:00 Knitting Group 3:00 Farmer's Market 6:00 P-Patch Harvest Potluck	18 8:30 Duplicate Bridge 9:30 Legal 10:00 Mac Help 10:00 Healthy Steps 1:00 Choral Singing	19 8:30 Foot Care 10:00 Social Hour 10:15 Fitness 12:00 Senior Lunch 12:30 55 Alive 1:00 Current Events	20 SENIOR CENTER CLOSED 21 SENIOR CENTER CLOSED
22 10:00 Exploring The Internet 10:15 Fitness 12:30 Cribbage 1:30 Yoga	23 9:00 Writing Workshop 10:00 Bridge 10:30 Low Vision (at Greenwood) 11:30 Community Lunch 12:30 Mah Jongg 1:00 Write Personal History 1:00 Pinochle	24 10:00 Social Hour 10:15 Fitness 12:00 Senior Lunch 1:00 Bingo 1:00 Scrabble 2:00 Knitting Group 3:00 Farmer's Market	25 8:30 Duplicate Bridge 10:00 Mac Help 1:00 Choral Singing	26 8:30 Foot Care 10:00 Social Hour 10:15 Fitness 11:00 Hand Massage 12:00 Senior Lunch 1:00 Current Events	27 SENIOR CENTER CLOSED 28 9:00 PANCAKE BREAKFAST
29 10:15 Fitness 12:30 Cribbage 1:30 Yoga	30 9:00 Writing Workshop 10:00 Bridge 11:30 Community Lunch 12:30 Mah Jongg 1:00 Write Personal History 1:00 Pinochle				

* Stay Tuned for Info on Community Cooking Events This Month